

**SmartSource #1 Oct 4 2009 General Mills**

Betty Crocker Box or Pouch Potatoes, excludes potato buds .25	11/28/2009
Betty Crocker Warm Delights Bowls or Minis Bowls .50	11/28/2009
Chex Mix or Chex 100 Calorie Snack, 4.5oz+ .50/2	11/28/2009
Fiber One 28.3oz Complete Pancake Mix .60	11/28/2009
Fiber One Box Muffin Mix .50	11/28/2009
Fiber One Chewy Bars .40	11/28/2009
Fiber One Yogurt Multipacks \$1	11/28/2009
General Mills Cereals \$1/3	11/14/2009
Granola Nut Clusters .50	11/28/2009
Green Giant Frozen Bagged Vegetables, 19oz – 24oz only .40	11/28/2009
Green Giant Frozen Boxed Vegetables .60/3	11/28/2009
GreenGiant Valley Fresh Steamers frozen vegetables .40	11/28/2009
Macaroni Grill Restaurant Favorites Dinner Kit \$1	11/30/2009
Nature Valley Granola Bars .70/2	11/28/2009
NatureValley Granola Nut Clusters .50	11/28/2009
Pillsbury Crescent Dinner Rolls .50/2	12/26/2009
Pillsbury Frozen Grands! Biscuits, Cinnamon Rolls, or Mini Cinnamon Rolls .75/2	12/26/2009
Pillsbury Italian Meal Breads, including Loaves, Breadsticks, Dinner Rolls, and Pizza Crust .40/2	12/26/2009
Pillsbury Refrigerated Cookie Dough \$1/3	12/26/2009
Pillsbury Refrigerated Grands! Biscuits .30/2	12/26/2009
Pillsbury Refrigerated Pizza Crust .35	12/26/2009
Pillsbury Savorings Bread Bowl Bites .55	12/26/2009
Pillsbury Savorings .55	12/26/2009
Pillsbury Simply Refrigerated Cookie Dough .55	12/26/2009
Pillsbury Sweet Rolls or Grands! Sweet Rolls .40/2	12/26/2009
Progresso Broth .50	11/28/2009
Progresso High Fiber Soup .25	11/28/2009
Progresso Soups \$1/4	11/28/2009
Romano's Macaroni Grill Restaurant Favorites Dinner Kit \$1	11/28/2009
Totinto's Crisp Crust Party Pizza .50/3	12/26/2009
Wancahi Ferry Frozen Entrée \$1.50	11/28/2009
Wanchai Ferry Dinner Kit \$1	11/28/2009
Yoplait Delights Yogurt Multipack \$1	11/28/2009
Yoplait Go-Gurt Yogurt or Trix Multipack Yogurt .75/2	11/28/2009
Yoplait Go-Gurt, Kids Cup, Kids Yogurt Drink, Trix Multipack Yogurt .35	11/28/2009
Yoplait Yogurt including Original, Light, Thick & Cream, or Whips, or Yoplait Original or Light Smoothie B6G1 Free up to .85	11/28/2009
YoPlus or YoPlus Light Yogurt 4pk \$1	11/28/2009

SmartSource #2 Oct 4 2009

Activia 4pk, 8pk, 12pk or tub \$1	1/31/2010
Alexia Crunchy Snacks, any size/flavor .50	11/30/2009
Argo Baking Powder 12oz .30	12/27/2009
Argo Corn Starch .40	4/4/2010
Aunt Jemima Frozen Pancakes \$1/2	11/30/2009
Barber Food Stuffed Chicken Breasts box \$1	11/14/2009
Barber Foods Chicken Grillables \$1	11/14/2009
Bissell Full Size Machine Cleaning formula \$2	12/31/2009
Buitoni Refrigerated Pasta or Sauce \$1	12/31/2009
Campbell's Condensed Soups, excludes tomato, chicken noodle, and creams .40/2	12/31/2009
Campbell's Condensed Tomato or Chicken Noodle Soups .40/4	12/31/2009
Campbell's Select Harvest soups .50/2	11/15/2009
Cat's Pride Cat Litter \$1	3/31/2010
Chef Boyardee 14.5oz Microwavable Bowl .40	11/30/2009
Chef Boyardee 7.5oz Microwave Cups .40/2	11/30/2009
Chow Mein or Chow Noodles .50/2	12/31/2009
Daisy Brand Cottage Cheese .40	12/31/2009
DanActive 4pk \$1	1/31/2010
Danimals, including 6pk drink, 12pk drink, or 4pk crush cups \$1	12/4/2009
Dannon Light & Fit 6pks \$1/2	11/30/2009
Dannon DanONino 6 pack 41	12/31/2009
Dial Body Washes \$1/2	11/30/2009
Dial Multibar Pack, Foaming Hand Wash or Liquid Hand Soap .35	11/30/2009
Energizer Batteries or Flashlight .75	11/14/2009
Fab or Dynamo .50	4/30/2010
Fleischmann's Yeast strip or jar .40	1/31/2010
4C Bread Crumbs, up to 15oz free wyb any 4C Grated Cheese to \$2.50	12/31/2009
4C Panko or Whole Wheat Bread Crumb \$1/2	12/31/2009
Frank's Redhot Sauce .50	11/30/2009
Franks Redhot Sweet Heat BBQ Sauce or Hot Buffalo Sauce \$1	2/7/2010
Fresh Express Blends or Gourmet Café .55/2	11/30/2009
French's Worcestershire Sauce .50	12/31/2009
GE Energy Smart CFL, GE Reveal or GE Halogen \$1	11/29/2009
GE Reveal CFL \$1.25	11/29/2009
General Mills International Coffee .75	12/31/2009
Glade The Fragrance Collection Multi-wick Candle or Scented Reed Diffuser \$3	11/21/2009
Glade The Fragrance Collection 2oz or 4.9oz Soy Based Candle \$1	11/21/2009
Green Works Cleaning Product .50	11/29/2009
Hunt's canned Tomatoes, 11oz+ .45/3	11/30/2009
Impruv Dry Skin Care Solution \$3	12/31/2009
Inspector Hector Color Changing Soap .75	11/30/2009
Inspector Hector Oral Care \$1	11/30/2009
Karo Syrup, 16oz+ .40	12/31/2009
Kleenex Facial Tissue, any 3 packages or 1 bundle pack .50	11/30/2009
Kotex Liners \$1.50/2	11/29/2009
Kotex Pads \$2/2	11/29/2009
Kotex Security Tampons \$1.50/2	11/29/2009
LA Looks Gel, 20oz+ \$1	1/4/2010
Land O Lakes 2% Milk Deli Cheese 1lb \$1	12/31/2009
Lime-A-Way Cleaner \$1	11/29/2009
Lindt Excellence Bars, 3.5oz only \$1/2	12/31/2009
Lysol Disinfectant Spray, 12oz+ \$1	11/2/2009
Mazola Cooking Oil, Olive Oil, or Pure Cooking Spray .50	12/31/2009
Minute Rice product .50	12/31/2009
Mrs. Dash Salt-Free Seasoning Blends \$1/2	11/14/2009
Muellers products .55/2	12/12/2009
Niagara Starch .25	4/30/2010
Nonni's Biscotti or Tusconi, 5oz+ \$1/2	11/1/2009
Northland Dark Fruit Juices \$1/2	12/31/2009
Oust Surface Disinfectant & Air Sanitizers \$2/2	11/28/2009
Pearls brand Probiotics \$2	1/4/2010
Pepperidge Farm Frozen Bread .60	1/7/2010
Playtex Living Gloves \$1	1/31/2010
Prego Italian Sauce 24oz+ .75/3	12/5/2009

FREECOUPONS.COM

Purex Complete 3-in-1 Starter Kit or Refill Pouch \$1	11/30/2009
Purex Liquid Detergent .35	11/30/2009
Purex Liquid Fabric Softener .55	11/30/2009
Purina Beggin, any size/variety \$1/2	1/3/2010
Purina Busy Bone, any size/variety \$1/2	1/3/2010
Revlon Colorsilk \$1/2	11/4/2009
Renuzit Adjustables B2G1F up to \$1.39	11/30/2009
Schick Quattro Titanium Razor/Trimmer or Refill \$2	11/21/2009
Scott Extra Soft Bath Tissue, 8+ Rolls \$1	11/15/2009
Scott Long Lasting or Mega Roll Paper Towels, 4+ Rolls \$1	11/15/2009
Scott Naturals Flushable Wipes Tub or Refill .50	11/15/2009
Soft Scrub product, 17oz+ .50	11/30/2009
SoyJoy \$2/10	12/31/2009
SunLight Auto Dishwashing Powder or Gel or Power Pacs .35	4/30/2010
Sunlight Dishwashing Liquid .25	4/30/2010
Tena Overnight, Ultimate or Aloe Vera Pads \$1.50	12/31/2009
Tena Overnight, Ultimate or Aloe Vera Pads \$2	1/31/2010
Tetley Tea .55	11/30/2009
Tony's Multiserve Pizza \$1/2	12/31/2009
Tony's Single-Serve Pizza or Pouches Twin Pack .50	12/31/2009
Tornados 8.4oz box \$1	1/31/2010
Wolfgang Puck All Natural Stock \$1	11/15/2009
Wolfgang Puck Organic Broth \$1	11/15/2009
Wolfgang Puck Organic Soup \$1	11/15/2009
Woolite Carpet and Upholstery Cleaner \$1	11/30/2009
Yoplait Frozen Smoothie \$1	11/28/2009
Ziploc Brand Freezer Bags \$1/2	11/28/2009
Ziploc Brand Vacuum Bag Starter Kit FREE wyb any Ziploc Brand Vacuum Bag Refills up to \$3.99	11/28/2009

**RedPlum Oct 4 2009**

All Liquid Laundry Detergent 32 load+ \$1	11/29/2009
All Liquid Laundry Detergent 96 load+ \$2	11/29/2009
Bengay except trial size \$2	1/31/2010
Bertolli Frozen Meals \$1	11/29/2009
Cheez-It Baked Snack Crackers 7.5 oz.+ \$1.50/2	11/29/2009
Clorox Disinfecting Wipes 35 ct .50	12/31/2009
Clorox Regular Bleach .50/2	12/31/2009
Clorox Toilet Bowl Cleaner or Clorox Clean Up Cleaner .50	12/31/2009
Dermasilk 90 Second Eye Lift or 5 Minute Face Lift \$5	11/30/2009
Dove Anti-Perspirant/Deodorant and/or Body Mist \$1.50/2	12/27/2009
Dove Beauty Bar( 6 bar pk.+ ) or Body Wash (10oz.+ ) \$1.25	12/27/2009
Dove Conditioner except trial size \$1.50	12/27/2009
Dove Cream Oil Body Lotion or Hand Cream except trial size \$1.25	12/27/2009
Dove Cream Oil Shea Butter Body Lotion or Hand Cream except trial size \$1.50	12/27/2009
Dove Deep Moisturizer, Sensitive Skin or Gentle Exfoliating Body Wash, 12oz.+ \$1.50	12/27/2009
Dove Face Care Products except trial size \$1	11/29/2009
Dove Hair Care Products except trial size \$1	12/27/2009
Dove Skin Vitalizer \$3.75	12/27/2009
Ester-C \$5	11/17/2009
Gillette Series Shave Gel, 7oz or Foam 9oz except trial size .55	10/31/2009
Goodlife Recipe Treats for Cats .50	12/27/2009
Goodlife Recipe Treats for Dogs \$1	12/27/2009
Goodlife Recipe Wholesome Bites Treats for Dogs \$2	12/27/2009
Jimmy Dean D-Lights Bowls .55	1/31/2010
Jimmy Dean D-Lights Sandwich \$1	1/31/2010
Kelloggs Eggo Frozen Product .55	11/29/2009
Kibbles n Bits Dry Dog Food, 8 lbs. or smaller \$1	11/29/2009
Kibbles n Bits Dry Dog Food, 16 lbs.+ \$2	11/29/2009
Listerine Antiseptic Or Advanced Antiseptic 500 ml+ .50	6/30/2010
Listerine Cool Blue OR Listerine Smart Rinse, 500 ml+ \$1	6/30/2010
Listerine Restoring or Listerine Total Care, 500ml+ \$1	6/30/2010
LOreal Feria Haircolor \$2	12/27/2009
Mach3 Disposable 3 ct, Sensor3 4ct, Custom Plus3 4 ct \$2	10/31/2009
Mach3 Disposable 6 ct, Sensor3 8 ct, Custom Plus3 Value Packs \$3	10/31/2009
Motrin except trial size \$1	1/31/2010
Pepcid, Imodium, Rolaids, Mylanta or Lactaid \$4/2	1/4/2010
Pepcid, Imodium, Rolaids, Mylanta or Lactaid \$1	1/4/2010
Perdue Perfect Portions .75	11/29/2009
Perdue Short Cuts .75	11/29/2009
Polident or Super Poligrip Products \$1/2	12/31/2009
Poligrip Super (.075 oz. size) FREE up to 3.99	10/18/2009
Pure Protein Bar B1G1F up to \$1.59	11/30/2009
Pure Protein Powder or Drink Shake \$1	11/30/2009
Purina Cat Chow or Kitten Chow 3 lb.+ \$1	12/31/2009
Purina Tidy Cat Cat Litter \$1	1/5/2010
Purina Tidy Cats Breeze Litter System \$5	1/5/2010
Reach Toothbrush or Reach Access Flosser or Dental Floss \$1	6/30/2010
Skippy Peanut Butter .40	11/29/2009
Snickers, Milky Way, Twix, 3Musketeers, or M&Ms fun size \$1/3	10/31/2009
Snickers, Milky Way, Twix, 3Musketeers, or M&Ms fun size, 46.67 oz.+ \$1	10/31/2009
Snuggle Liquid Fabric Softener, 32 load+ OR Sheets 70ct+ \$3	11/15/2009
Southern Living Magazine \$1	12/31/2009
Sudafed Product and Sudafed OM, .5 fl oz \$4	4/30/2010
Sudafed Sinus & Pain 12 Hour, 16 ct. \$2	4/30/2010
Sudafed Triple Action 24 or 32 ct. \$2	4/30/2010
Sundown Vitamin or Supplement Product \$1	11/17/2009
Tylenol Cold, Cough, Sinus or Allergy Product, excludes trial size \$1	12/31/2009
Vanity Fair Plates and Dinner Napkins \$1	12/31/2009
Tylenol Extra Strength, Tylenol Rapid Release Gels, Tylenol Arthritis Pain or Tylenol PM except trial \$1	1/31/2010
Viactiv Soft Chews Dietary Supplements \$1 DND	11/3/2009